



THE HOSPICE HAILER

The quarterly bulletin for Greenwich & Bexley Cottage Hospice
Volunteering Opportunities & Information Issue No. 9, Winter 2009-10

Beginner's Luck? In November, long-standing volunteer Receptionist Sheila Money entered the Hospice Lottery for the first time. Hey presto! Her number was drawn for the top prize the first week she was in it. Our warm congratulations to Sheila *Money* by name and by nature? **Everyone's a winner!**

Now Sheila is happily encouraging other folk to give it a go. You never know, you may be as lucky as she was or, if not, at least you have the satisfaction of knowing that your money is going to support the Hospice. Currently, we need almost £6 million a year to continue to run our range of quality services to those with a terminal diagnosis & their families. The lottery has already become an important part of our overall fundraising.

Volunteer of the Month awards The efforts of **ALL** our volunteers are valued & appreciated ~ your time is as precious to us as financial support. Volunteers sometimes go beyond the normal commitment and we like to recognise this with our Volunteer of the Month certificates. This Autumn's have been:~

- August ~ Nick Rider (Volunteers Dept); Jean Ashenden (Reception)
- September ~ Douglas Inglis; Judith Richardson (both Shornells Day Hospice Minibus Drivers)
- October ~ Brian Wilkins (Maintenance Dept); Shirley Gibbs (Lymphoedema clinic)
- November ~ George Ponder (Hospice Bee-keeper / honey seller); Jean Lyons (North'Heath Shop assistant)

Congratulations and thank you for all you do to ensure the smooth-running of the Hospice. The wide range of departments represented by Volunteers of the Month throughout the year illustrates that we have talented and extremely dedicated people in all sorts of volunteer roles at the Hospice ~ so, if you have even a few hours a week to spare in support of YOUR local Hospice, why not come and join the team?

Volunteers Urgently Required:~ Hospice switchboard 020 8312 2244

- Lottery Promotion Volunteers Are you good at talking to people, explaining how the Hospice Lottery helps us run essential services? We are seeking more helpers for Lottery Promotions, to engage with customers at pre-arranged events in the community, in the Mall at Bexleyheath, or in our retail outlets. Please contact Stacey Booth, Lottery manager, on 020 8320 5804 for more information
- Complementary Therapists To join our volunteer team of fully qualified and insured Therapists for our in-patients and out-patients therapy services. Please contact the Lead Nurse on ext 208
- Flower Arrangers We are recruiting a team of volunteers with flower arranging skills to provide a flower and plant care service to inpatients and the public areas of the Hospice. Ring Volunteers Dept. on ext 212
- New Retail Outlets are already in the throes of the Christmas rush, in Bexleyheath Precinct AND at Blackheath Standard. Call in at the shop or contact ext 318 if you enjoy the buzz of a busy retail environment and have customer service skills.
- Have other skills and some time to offer? The list of Volunteer Opportunities constantly changes - please contact ext 212.

New Year Volunteers Forum A special Volunteers Forum will take place on the evening of Wednesday 13th

January, in Woodlands Café, with Seasonal Refreshments and a bit of a party atmosphere. Susan Adams will talk about the difference that our FR Volunteers make. We will also have a quiz-game, for which, please write below 1 short, distinctive fact about yourself (eg, had tea with the Queen; likes city-breaks; married 3 times; born in Egypt; played cricket at Lords; is a passionate gardener; has 7 grandchildren; is very accident-prone).

NAME of (Dept)

Will attend sorry, cannot attend the Volunteers' Forum on 13th January.

Interesting fact about myself

Return to Volunteers' Department, 185, Bostall Hill, ABBEY WOOD, SE2 0GB

Wishing you a Merry
CHRISTMAS



and a Happy New Year
With thanks for all your efforts throughout 2009

XMAS PARTY

Free for Volunteers and Staff ~ guests £5.

Book via D. Cheevers, L. Williams, S. Smyth

Friday, 18th Dec, 7.30 to Midnight.

Music, Buffet, Free Raffle.

Shootershillians Rugby Club

Mayday Gardens, SE3

Food Hygiene 1-day Course, Friday 12th February 2010

If you are a volunteer or a paid member of staff who will be handling food, whether as part of Fundraising Events or to serve patients and relatives here in the Hospice, then you need to attend our in-house Food Hygiene training day. This will be held in the Acorn Room from 10 a.m. to 4 p.m., led by Patrick Boyle, Catering Manager & Chef. To register ring 020 8320 5812.



GBCH CHRISTMAS FAIR

10 am ~ 3.30 pm in

Saturday 5th December
Shornells at the Hospice

Cards & Calendars; low-priced quality Gifts; Tombolas; Bottle stall; Raffle; Books & jigsaws; Fancy goods; Refreshments. All proceeds to support the work of the Hospice.,